

Top marks for Aaron



Marie gets ready to launch a Rockett!! at the Ferrybank Sports

St Senan's athletes were in action for their various schools at the Waterford schools T&F championships recently and turned in some golden displays.

In the minor boys Aaron Donnelly took double gold winning both the 800m and 1500m. In the junior boys 1500m, Billy Delahunty (De LaSalle) won gold and also took silver in the 800m. There was a gold for Jonathan Crowley also of De LaSalle in the 800m and silver in the 1500m. Thomas Sheridan (Abbey) took silver in high jump, while there was a silver for Eoin Maher in the 800m.

In the junior discus Sinead McEvoy (Abbey) scooped gold, junior girls 1500m Anne-Marie Moloney (Abbey) took bronze, as did Amy Redmond (Abbey) in the long jump.

The Abbey College Junior relay team, which included Ann-Marie Moloney took bronze as did the Abbey Junior boys team, which included Aaron Donnelly, Aaron Redmond and Eoin Maher. Well done to all and good luck in the upcoming East Munster championships.

No Ordinary Joe

Belated congratulations from the club to Joe Gough on taking the World o60 Masters 800m and also breaking the existing record. We ran into Joe at the recent University T&F and he looked in remarkable condition. Still able to clock a 58 second 400m, lots of good athletes would struggle to do it in their prime. Continued success to the popular West Waterford athlete.

Kilkenny County T&F Championships

Following a fine performance at the Ferrybank Open Sports, our athletes will be looking forward to getting their first taste of championship racing when the Kilkenny county T&F starts on Sunday 4th May.

Day 1 has a full programme of events, starting with hurdle races at 11.00am. Events will be mainly for juveniles on this day but there will be 800m and 1500m races for junior, senior and masters. The second stage will be on Sunday 11th May, the third on Friday 23rd May and the final day on Friday 4th June.

Road Races

The Leinster Novice and Masters Road Championships takes place on Monday 5th May in Gowran starting at 12.00pm. The annual St Senan's Little South Run takes place on Sunday 8th June starting at 2pm and will incorporate the Kilkenny Novice 6k race. Run in aid of the Hospice the event has raised in excess of

June 2014

Fixtures

4th May Day 1 Kilkenny County T&F, Scanlon Park 11.00am

May 11th Day 2 Kilkenny County T&F, Scanlon Park

23rd May Day 3 Kilkenny County T&F, Scanlon Park

4th June Day 4 Kilkenny County T&F, Scanlon Park

8th June St Senan's AC Little South Run 2pm